

Success and Happiness

Leading Experts Reveal Their Secrets

NIGEL ALSTON | MICHELLE L. CASTO | JIM DONOVAN | KATHY GULRICH
VIC JOHNSON | JEFF KELLER | STEVE KENNEDY | KAMMIE KOBYLESKI
CHRISTEN MURPHY RESMO | SUSAN RUSSO | SANDY SCHUSSEL | JAY SNYDER
“SKI” SWIATKOWSKI | HEATHER VALE | KAREN VIZER | BECKY WATERS

Austin Bay

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Introduction

We asked sixteen of the leading self-development experts in the world these questions:

What are the keys to success?

What are the keys to happiness?

The result is the extraordinary book you are now holding. You're about to learn some insights that are guaranteed to bring you a higher level of success and happiness in your life. Here is a glimpse of what you'll find in this book:

- Nigel Alston challenges you to overcome your fears on the road to achieving your potential.
- Michelle L. Casto introduces the concept of “soul success” and how it brings a higher level of fulfillment than ego success.
- Jim Donovan provides a blueprint for you to design your own destiny and create success and happiness.
- Kathy Gulrich leads you through a process to create your personal definition of success and use your gifts in creative ways.
- Vic Johnson inspires you to take personal responsibility for your life and apply universal laws that lead to success and happiness.
- Jeff Keller emphasizes the importance of a positive attitude as the foundation for your success and happiness.

- Steve Kennedy demonstrates the importance of honoring your own core values so you can live your life based on what matters most to you.
- Kammie Kobyleski lights a fire under you to tune into your passion and your purpose to attain the success and happiness you desire.
- Christen Murphy Resmo invites you to take an inner journey and create happiness from the inside-out.
- Susan Russo shows you how to unleash your power through the effective use of your thoughts and emotions.
- Sandy Schussel shows how a burning desire, coupled with belief and persistence, can help you achieve the “impossible.”
- Jay Snyder offers insights on success and happiness in the form of a touching letter to his two year old son.
- “Ski” Swiatkowski gives us his success-happiness formula based on lessons learned in the business world and from his experiences as a lacrosse coach.
- Heather Vale offers her “TEAR” Formula for Success and demonstrates why you need to be happy to be successful.
- Karen Vizer encourages you to eliminate the clutter and conditioning that is holding you back and helps you create an environment for success.
- Becky Waters explains how happiness comes from knowing what you want, who you are, and allowing yourself to be who you really are.

Each chapter provides a unique perspective on these vital subjects. Choose the ideas that resonate with you to create a happier, more successful life. We wish you many blessings on your journey.